Coffee and a Gas

A wellbeing initiative from Association of Anaesthetists Trainees

Conversations are important to help us share our experiences and reduce stress levels. Take a moment to catch up with colleagues over a coffee.

The next **Coffee and a Gas** is:

**When:**

**Where:**

**Anything else:**

 

**#CoffeeandaGas**

More resources and support available at

[**www.anaesthetists.org/wellbeing**](http://www.anaesthetists.org/wellbeing)

