

Coffee and a Gas

A wellbeing initiative from Association of Anaesthetists Trainees

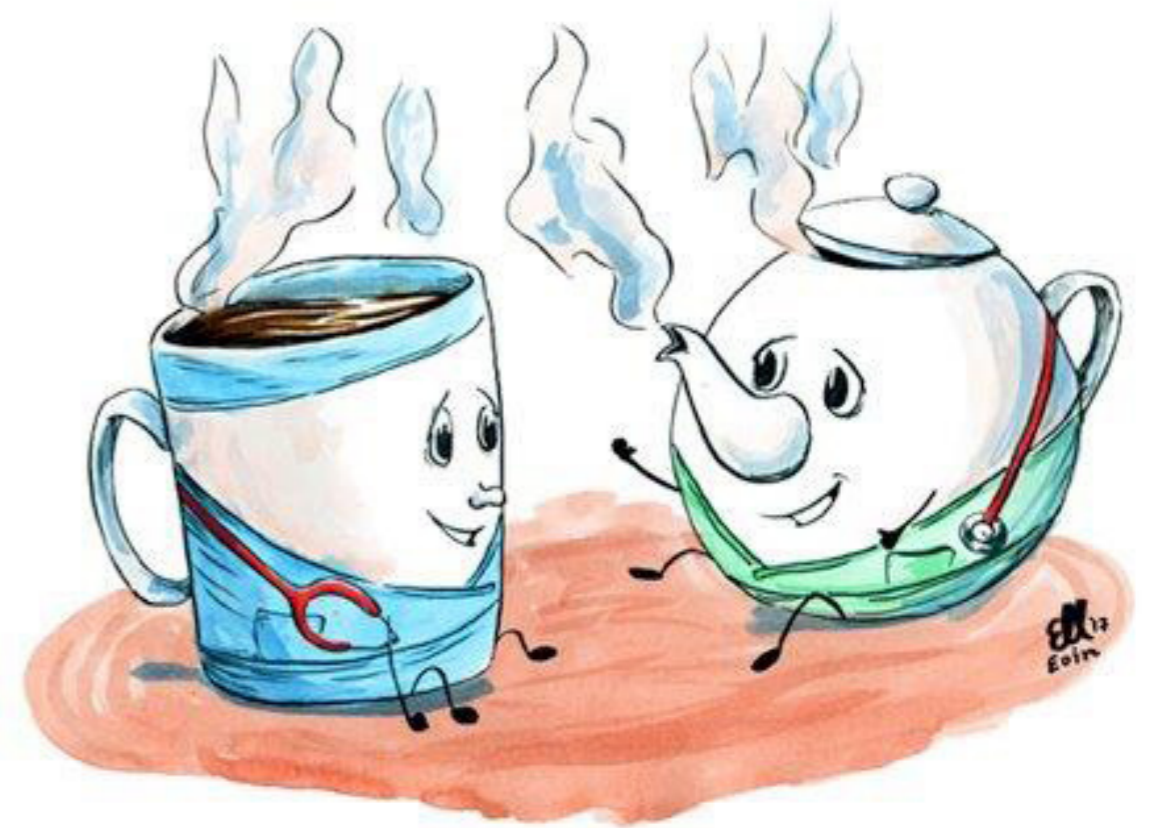
Conversations are important to help us share our experiences and reduce stress levels.

Take a moment to catch up with colleagues over a coffee.

The next **Coffee and a Gas** is:

When: _____

Where: _____



#CoffeeandaGas



Association
of Anaesthetists
Trainees

More resources and support available at
www.anaesthetists.org/wellbeing