Coffee and a Gas

A wellbeing initiative from Association of Anaesthetists Trainees

Conversations are important to help us share our experiences and reduce stress levels.

Take a moment to catch up with colleagues over a coffee.

The next Coffee and a Gas is:

When: ____________________________

Where: __________________________

#CoffeeandaGas

Association of Anaesthetists Trainees

More resources and support available at www.anaesthetists.org/wellbeing