

Association of Anaesthetists with Coaching & Mentoring Consultants - 4 day Mentoring Development Programme

Location: Zoom

Time: 8:55 (for 09:00 start)

Course tutors: Julia Pokora & Dr June Smailes

Day One – Tuesday 27 September 2022

09:00	Welcome
09:30	What is Mentoring?
10:15	Break
10:30	Overview of The Skilled Helper model, Stages 1a and 1b Telling the Story & Developing New Perspectives
11:10	Skills Practice Introduction
11:20	Skills Practice
12:40	Learning Review
12:50	Lunch
13:20	Stage 1 New Perspectives & Searching for Value
13:55	Skills Practice
15:10	Learning Review learning log
15:30	Briefing for Day 2
	Close

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Day Two – Friday 30 September 2022

09:00	Welcome
09:15	Introduction to Stage 2 and Imagining
09:45	Imagining Skills Prompts Practice
10:30	Learning Review
10:40	Tea & coffee
11:05	Stage 2 – Value to Goals
11:35	Skills Practices with lunch taken as convenient (30 mins)
13:45	Review then Stage 2: Checking goal & Commitment Test
14:10	Skills Practice
14:35	Stage 2 Learning Review
14:45	Planning
15:15	Stage 2 Review and Learning Log and coursework
15:00	Tea & coffee
15:15	Plenary Review
15:30	Close