Medical hypnosis

Monday 03 February 2020
Location: 21 Portland Place, London
Organiser: Dr Jane Boissiere, British Society of Clinical and Academic Hypnosis (BSCAH)

09:00 Registration / tea and coffee
09:25 Introduction
09:30 Hypnosis and communication for the anaesthetist
Dr Simon Tunstill, Reading
10:15 How to induce a simple hypnotic trance and generate imagery
Mrs Jean Rogerson, Associate Lecturer (BSCAH), Birmingham City University
11:00 Tea and coffee
11:30 Hypnosis in paediatrics and obstetrics
Dr Allan Cyna, Adelaide, Australia
12:15 Hypnosis in anaesthesia - practical applications and current evidence
Dr Paul Slater, Northampton
13:00 Lunch
14:00 Hypnosis for pain management
Dr Caron Moores, Liverpool
14:30 Needle phobia
Dr Allan Cyna, Adelaide, Australia
15:00 Tea and coffee
15:15 Self hypnosis, ego strengthening, followed by practical session
Mrs Jean Rogerson, Associate Lecturer (BSCAH), Birmingham City University
16:00 Questions and feedback
16:30 Close meeting
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Learning Objectives
- To experience and induce a light hypnotic trance 3A07
- Basic understanding of modern definition and theories of hypnosis 2A10, 2A12
- Consider the structure of hypnotic language and ways to incorporate it into daily practice 2A10, 2A12
- An awareness of the potential applications of hypnosis in anaesthetic practice, including anxiety management, pain, obstetrics, paediatrics, phobias 2B01, 2D05, 2D06, 2E01, 1D02, 2B01, 3I00

This seminar covers Domain 3: Communication, partnership & teamwork

In association with the BSCAH