Mentoring refresher day

Thursday 17 January 2019
Location: 21 Portland Place, London, W1B 1PY
Organisers: Dr Robert Self, London & Dr Nancy Redfern, Newcastle upon Tyne

This seminar is aimed at trained mentors as well as Association of Anaesthetists members who would like to find out more about mentoring.
To book, please visit www.aagbi.org/education/event/3865

09:15 Registration, tea & coffee

09:45 Introduction – A review of mentors experiences and taking the scheme forward
Dr Robert Self, London & Dr Nancy Redfern, Newcastle upon Tyne

10:20 Research findings – wellbeing and mentoring
Dr Alison Steven, Newcastle upon Tyne

11:20 Tea & coffee

11:40 Appreciative Inquiry (AI) – Introduction to AI tools and positive psychology
Suzanne Quinney, Co-director, Appreciating People

13:00 Lunch

13:45 Appreciative Inquiry continued – SOAR and how this can be used in mentoring
Suzanne Quinney, Co-director, Appreciating People

14:15 The Egan model
Dr Gordon French, Northampton

15:00 The Egan model - skills practice
Dr Gordon French, Northampton

16:00 Closing comments
Dr Robert Self, London & Dr Nancy Redfern, Newcastle upon Tyne

GMC domains covered:
- Domain 1: Knowledge, skills & performance
- Domain 2: Safety & quality
- Domain 3: Communication, partnership & teamwork
- Domain 4: Maintaining trust

RCoA Matrix areas covered: 3J00, 3J02

Learning objectives:
1. To review research findings on the impact of the Associations’ mentoring scheme.
2. To understand the value of Appreciative Inquiry and positive psychology.
3. To refresh knowledge and skills in using Egan’s Skilled Helper model.