Medical hypnosis

Monday 04 February 2019
Location: 21 Portland Place, London, W1B 1PY
Organisers: Dr Jane Boissiere, British Society of Clinical and Academic Hypnosis (BSCAH)

09:00    Registration
09:25    Introduction
09:30    Hypnosis and communication for the anaesthetist
         Dr Allan Cyna, Adelaide, Australia
10:15    How to induce a simple hypnotic trance and generate imagery.
         Mrs Jean Rogerson, Associate Lecturer (BSCAH), Birmingham
11:00    Tea & coffee
11:30    Further practice
12:00    Hypnosis in anaesthesia - practical applications and current evidence
         Dr Paul Slater, Northampton
13:00    Lunch
14:00    Hypnosis for pain management
         Dr Caron Moores, Liverpool
14:30    Hypnosis in paediatrics and obstetrics
         Dr Allan Cyna, Adelaide, Australia
15:15    Tea & coffee
15:30    Starting out in hypnosis
         Dr Simon Tunstill, Reading
16:00    Questions and feedback

Depart

Learning Objectives
- To experience and induce a light hypnotic trance 3A07
- Basic understanding of modern definition and theories of hypnosis 2A10, 2A12
- Consider the structure of hypnotic language and ways to incorporate it into daily practice 2A10, 2A12
- An awareness of the potential applications of hypnosis in anaesthetic practice, including anxiety management, pain, obstetrics, paediatrics, phobias 2B01, 2D05, 2D06, 2E01, 1D02, 2B01, 3I00

This seminar covers Domain 3: Communication, partnership & teamwork

In association with the BSCAH