Mentoring refresher course

Thursday 13 September 2018
Organisers: Dr Nancy Redfern, Newcastle upon Tyne

Programme

09:45  Registration / tea & coffee
10:15  Welcome and introductions
10:20  Research findings – mentoring and wellbeing
       Dr Alison Steven, Newcastle upon Tyne
11:20  Tea & coffee
11:40  Group work – how we use research findings to publicise and develop mentoring
       TBC
12:30  Plenary discussion
       All faculty
13:00  Lunch
13:40  Developing the mentoring programme
       ▪ Learning to facilitate
       ▪ Setting up courses
       ▪ Moving to schemes
       Dr Nancy Redfern, Newcastle upon Tyne
14:25  Plenary
       All faculty
14:40  Reminder of Egan’s model and skills practice in trios
       TBC
15:30  Tea & coffee during group work
16:15  Plenary review
       All faculty
16:45  Depart

The programme includes material relevant to the following GMC domains:

- Domain 1: Knowledge, skills & performance
- Domain 2: Safety & quality
- Domain 3: Communication, partnership & teamwork
- Domain 4: Maintaining trust

This programme provides learning in the following RCoA Matrix areas:

- 3J00
- 3J02

Learning objectives:

1. To review research findings on the impact of the AAGBI mentoring scheme
2. To consider what the AAGBI scheme and its participants could usefully collect as feedback for individuals and for the wider scheme.
3. To understand some of the influences on trainees’ choice of mentor.
4. To explore a tool for reviewing mentor and mentees work life balance.
5. To refresh knowledge and skills in using Egan's Skilled Helper model.