Medical hypnosis
In association with the BSCAH

Monday 05 February 2018
Organiser: Dr Jane Boissiere, British Society of Clinical and Academic Hypnosis (BSCAH)

Programme

09:00 Registration
09:25 Introduction
09:30 What is hypnosis?
Dr Paul Slater, Consultant Anaesthetist, Northampton
10:00 How to induce a simple hypnotic trance and generate imagery.
Mrs Jean Rogerson, Associate Lecturer (BSCAH), Birmingham
10:45 Practice and discussion
11:00 Tea & coffee
11:30 Rapport building and history taking skills for anaesthetists
Dr Ann Williamson, GP, Manchester
12:00 Hypnotic anaesthesia
Dr Ann Williamson, GP, Manchester
13:00 Lunch
14:00 Hypnosis in paediatrics
Dr Caron Moores, Consultant Anaesthetist, Liverpool
14:30 Needle phobia and hypnosis
Dr Ann Williamson, GP, Manchester
15:15 Tea & coffee
15:30 Hypnosis for pain management
Dr David Rogerson, Consultant Anaesthetist, Derby
16:00 Questions and feedback
16:30 Depart

Learning Objectives

- To experience and induce a light hypnotic trance 3A07
- Basic understanding of modern definition and theories of hypnosis 2A10, 2A12
- Consider the structure of hypnotic language and ways to incorporate it into daily practice 2A10, 2A12
- An awareness of the potential applications of hypnosis in anaesthetic practice, including anxiety management, pain, obstetrics, paediatrics, phobias 2B01, 2D05, 2D06, 2E01, 1D02, 2B01, 3I00