



FUNDRAISING PACK

Safer Anaesthesia
From Education (SAFE)

Saving lives through safer anaesthesia

www.anaesthetists.org/SAFE



Association
of Anaesthetists



WFSA
WORLD FEDERATION OF SOCIETIES OF
ANAESTHESIOLOGISTS



THANK YOU!



We are so grateful that you are raising funds for SAFE.

Launched in 2011, we raise funds to support the Safer Anaesthesia from Education (SAFE) project, in partnership with the World Federation of Societies of Anaesthesiologists (WFSA). SAFE provides training and support to anaesthesia providers working in low resources settings, improving access to safe anaesthesia for patients around the world.

In the UK and other high-income countries, anaesthesia-related deaths are rare. This is not the case in many developing countries where the death-rate due to anaesthesia remains high, up to 1 in 150 in some areas.

SAFE training is absolutely vital where anaesthetic providers often work under challenging conditions with little or no opportunity to update their knowledge and skills. Money raised goes towards sustainable education through the SAFE programme.

Throughout the world, 5 billion people do not have access to safe, affordable surgical and anaesthesia care when needed.

SAFE throughout the years



Over **50**
countries



Over **300**
courses delivered



Over **1350**
trainers



Over **9000**
participants trained

Our courses: Obstetrics (since 2011, with Obstetric Fistula module added in 2021), Training of Trainers (since 2012), Paediatric (since 2014), Operating Room (since 2017) and Paediatric-Cleft (since 2021).

HOW YOUR MONEY HELPS

£30

Pays for all training materials for one participant in a SAFE course, including a SAFE pocketbook and manual

£50

Pays for one rural anaesthetic provider to travel to a SAFE course

£200

Pays for a resuscitation manikin which can be used on the course and can stay in the country for future training courses

£500

Pays for five anaesthetic providers to complete a SAFE training course

Every pound you raise or donate helps us provide safe anaesthesia for patients every year.

Donate now!



Your donations make a huge difference to the education of anaesthetic providers around the world, and significantly improves patient care and safety.

"On my own visit to a SAFE course in Uganda, I was shocked to see first-hand the reality of the challenging conditions that many of these dedicated practitioners work under. Support the SAFE campaign today and together we can build capacity of local anaesthesia providers to improve the safety of thousands of patients in Africa."

Paul Clyburn
Past President, Association of Anaesthetists



MARY'S STORY

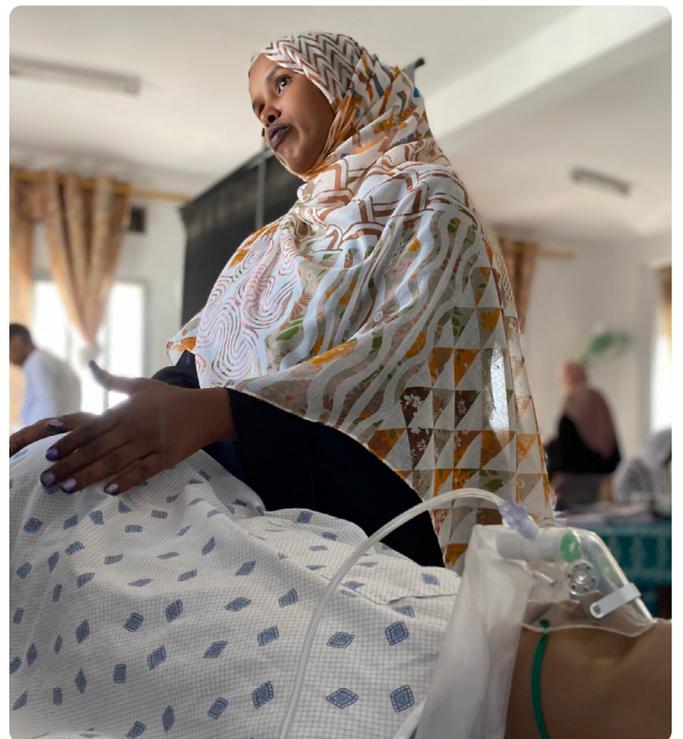
My first memory of the world of SAFE is from 2011 when I attended the first SAFE course in Uganda.

I feel like I have watched SAFE grow, and I have grown with it. This is also the case for so many of my physician colleagues that did the course as residents and have gone on to teach on the course and have since become consultants themselves.

My network has grown through the SAFE courses, and expanded out to produce a lot of outcomes, a lot of them unexpected outcomes.

I have worked on various non-SAFE (still with the overarching goal of anaesthesia safety) projects with individuals I met through SAFE.'

Dr Mary T. Nabukenya, Paediatric Anaesthesiologist, Uganda



'I have watched SAFE grow and grown with it' - WFSA (wfsahq.org)



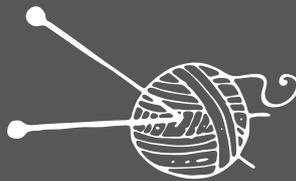
FUNDRAISING IDEAS

The only limit to your fundraising is your imagination!



Bake away:

Are you pretty handy in the kitchen? Could you host a bake sale and raise some much needed dough for SAFE?



Knit-a-thon:

Do you love knitting, crocheting, sewing or other crafty activities? Could you organise a marathon event, create things to sell, or host a crafty party for friends and family?



Games tournament:

Calling all gamers, whether this is board games, cards, or PCs and gaming consoles. Can you set up an event or a gaming challenge and raise money while having lots of fun?



Fundraise in memory:

Donating or fundraising in memory of a loved one is a wonderful way to celebrate their life. We are deeply honoured to be part of these legacies and receive these generous donations to support our projects.



Give something up challenge:

How much do you love your morning coffee-shop coffee? Could you give it up for a month and donate the money to SAFE?



Talent show:

Are you or do you know of any talented singers, musicians, dancers, comedians? If so, maybe put on a show and raise money for SAFE.



Challenge events:

Got your eye on the London Marathon, a triathlon, a walk or anything else in your local area? Fundraising while training for your big event can be a great boost for your motivation to get you over the finish line.



Fundraise in celebration:

Dedicate your birthday, wedding anniversary or other special occasion that is meaningful to you and raise vital funds for SAFE.



Get fit challenges:

Why not set yourself a fitness challenge and boost your wellbeing whilst raising funds for SAFE? How about steps, yoga, swimming, running, rowing machine, cycling, or go for push-ups, sit-ups, burpees or planks? You could set a challenge for one month to complete a certain distance, number of reps or minutes for your chosen activity.



Competitions:

How about an ugly shoe or ugly t-shirt competition at work or for a party? Trust us, these are a lot of fun.

TOP TIPS

Matched giving

See if your organisation can offer matched funding to double any donations you raise.

Set a target

Having a fixed fundraising target is known to boost the number of donations. Aim high and see those donations roll in.

Spread the word

Tell colleagues, friends and family, share on your social channels, and don't forget to include your donation links in your posts and messages.

Set up a direct debit

If you would like to contribute on a regular basis, get in touch with us to get this arranged for you.

Volunteer for SAFE

Becoming a volunteer for SAFE is a truly rewarding experience. If you are interested, book onto one of our Train The Trainer courses.



ANN'S STORY

My first exposure to the course was in Malawi in September 2016, where back-to-back SAFE Paeds courses and a Training of Trainers were held. The week made me even more convinced that SAFE Paeds was the right course for South African anaesthesia providers.

Between June 2018 and February 2020, with the support of international SAFE faculty and through mentoring our own trainers, we ran six courses training 170 anaesthesia providers around the country, with excellent feedback.

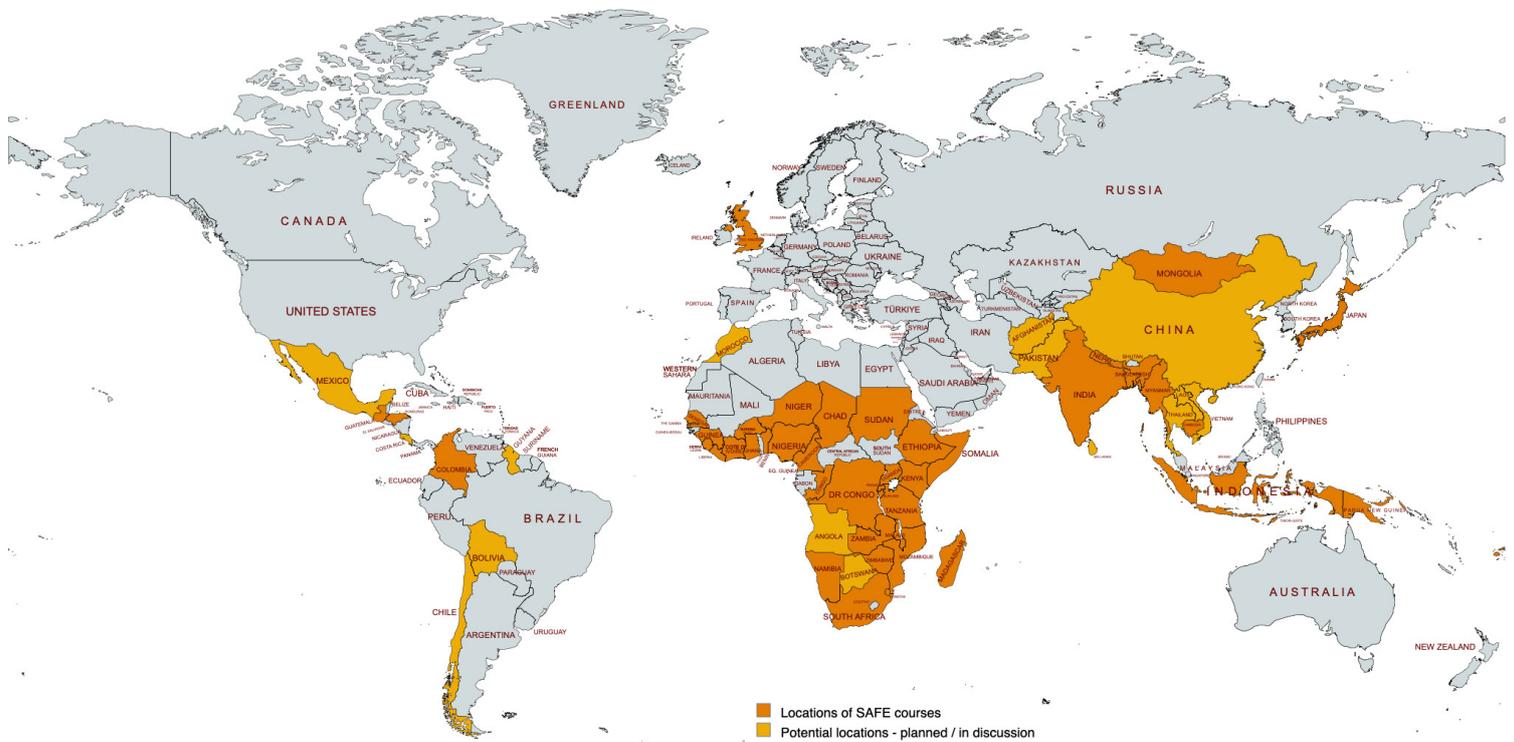
As much as our goal is to teach and train, I find myself learning something new with ever to make things safer.'

Courses are delivered in small groups over two-three days, using a combination of lectures, low-tech simulation, discussions and role-play. Each course participant receives a detailed course manual, handbook and logbook to take away and continue to use as a reference.

Dr Clover-Ann Lee, Paediatric Anaesthesiologist, South Africa

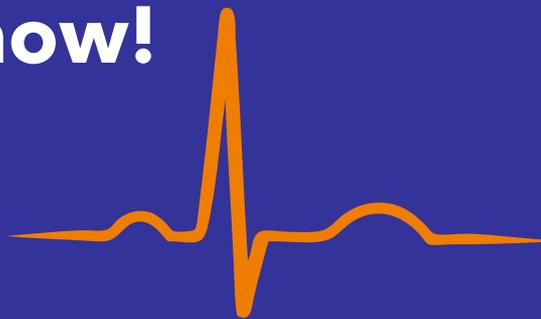
'I find myself learning something new with every course'
WFSA (wfsahq.org)





Every pound you raise or donate helps us provide safe anaesthesia for patients every year.

Donate now!



Get in contact

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