Advance Ultrasound Regional Anaesthesia

Wednesday 18 May 2022
Location: 21 Portland Place, London, W1B 1PY

Organiser: Dr Sheelaj Sharma, Mediclinic Hospital, Abu Dhabi, UAE and Dr Roopa Chatterjee, North Middlesex University Hospital, London

08:30 Registration/tea and coffee
09:00 Welcome and housekeeping
Dr Roopa Chatterjee, London
09:15 Ultrasound physics and injection technique
Dr Maria Sebastian, London.
09:45 Masterclass: Ultrasound knobology and physics
Dr Maria Sebastian, London
10:00 Chest wall blocks and ESP block - Spread action and Indications
Dr Roopa Chatterjee, London
10:30 Masterclass: Chest wall and ESP
Dr Roopa Chatterjee, London and Dr Ravi Nair, London
10:45 Tea and coffee
11:15 Brachial Plexus blocks for shoulder surgeries – What is new
Dr Sheelaj Sharma, Abu Dhabi, UAE
11:30 Masterclass: Nerve root identifications C5, C6, C7
Dr Sheelaj Sharma, Abu Dhabi, UAE and Dr Maria Sebastian, London
11:45 Blocks for hip surgeries - what is new
Dr Parthipan Jegendriabose, Colchester
12:15 Masterclass: Hip surgery blocks
Dr Parthipan Jegendriabose, Colchester and and Dr Roopa Chatterjee, London
12:30  Upper limb blocks - Advance and New  
Dr Maria Sebastian, London

13:00  Lunch

14:00  Masterclass: Upper limb blocks  
Dr Sheelaj Sharma, Abu Dhabi, UAE and Dr Maria Sebastian, London

14:15  Abdominal blocks plus QL Block - Mode of spread and Indication  
Dr Ravi Nair, London

14:45  Masterclass: Abdominal and QL blocks  
Dr Mubeen Khan, London and Dr Ravi Nair, London

15:15  Spinal sonography – evidence and importance  
Dr Mubeen Khan, London

15:45  Masterclass on spinal sonography  
Dr Mubeen Khan, London and Dr Maria Sebastian, London

16:00  Strategies to prevent Chronic postoperative pain  
Dr David Pang, London

16:30  Motor sparing blocks for knee surgeries  
Dr Sanjeevan Shanmuganathan, London

16:45  Masterclass: Adductor canal block and IPACK block  
Dr Sanjeevan Shanmuganathan, London and Dr Maria Sebastian, London

17:00  Close of meeting
Advance Ultrasound Regional Anaesthesia

Thursday 19th May 2022
Location: 21 Portland Place, London, W1B 1PY

Organiser: Dr Sheelaj Sharma, Mediclinic Hospital, Abu Dhabi, UAE and Dr Roopa Chatterjee, North Middlesex University Hospital, London

Day 2 – 19 May 2022

09:00  Registration/tea and coffee
09:30  Welcome and housekeeping
Dr Sheelaj Sharma, Mediclinic Hospital, Abu Dhabi, UAE
09:45  Scanning station 1
10:30  Scanning station 2
11:15  Tea and coffee
11:45  Scanning station 3
12:30  Scanning station 4
13:15  Lunch
14:15  Scanning station 5
15:00  Scanning station 6
15:45  Tea and coffee
16:00  Scanning station 7
16:45  Feedback & close

Station 1 - (Brachial Plexus - Above clavicle)
Dr Sheelaj Sharma, Dr Roopa Chatterjee & Dr Jatendar Wadhwani

Station 2 - (Brachial Plexus - Below Clavicle)
Dr Maria Sebastian and Dr Bhavin Shukla

Station 3 - Chest wall Blocks and ESP
Dr Ravi Nair and Dr Supriya Dsouza

Station 4 - Spinal Sonography
Dr Mubeen Khan and Dr. Gary Yap

Station 5 - Lower limb Blocks (Hip and Knee)
Dr Sanjeevan Shanmuganathan and Dr Parthipan Jegendriabose

Station 6 - Abdominal Blocks
Dr David Pang and Dr. Kunal Joshi

Station 7 - Sciatic and ankle blocks
Dr Yasser Mandour and Dr Dr Iosifina Karmaniolou

Ms Aditi Mudgal (observer and coordinator), Medical student year 2, Kings College London