



# Association of Anaesthetists

## Advance Ultrasound Regional Anaesthesia

**Wednesday 18 May 2022**

**Location:** 21 Portland Place, London, W1B 1PY

**Organiser:** Dr Sheelaj Sharma, Mediclinic Hospital , Abu Dhabi ,UAE and Dr Roopa Chatterjee, North Middlesex University Hospital, London

- 08:30**      **Registration/tea and coffee**
- 09:00**      **Welcome and housekeeping**  
Dr Roopa Chatterjee, London
- 09:15**      **Ultrasound physics and injection technique**  
Dr Maria Sebastian, London.
- 09:45**      **Masterclass: Ultrasound knobology and physics**  
Dr Maria Sebastian, London
- 10:00**      **Chest wall blocks and ESP block - Spread action and Indications**  
Dr Roopa Chatterjee, London
- 10:30**      **Masterclass: Chest wall and ESP**  
Dr Roopa Chatterjee, London and Dr Ravi Nair, London
- 10:45**      **Tea and coffee**
- 11:15**      **Brachial Plexus blocks for shoulder surgeries – What is new**  
Dr Sheelaj Sharma, Abu Dhabi, UAE
- 11:30**      **Masterclass : Nerve root identifications C5, C6, C7**  
Dr Sheelaj Sharma, Abu Dhabi, UAE and Dr Maria Sebastian, London
- 11:45**      **Blocks for hip surgeries - what is new**  
Dr Parthipan Jegendriabose, Colchester
- 12:15**      **Masterclass: Hip surgery blocks**  
Dr Parthipan Jegendriabose, Colchester  
and and Dr Roopa Chatterjee, London



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- 12:30**      **Upper limb blocks - Advance and New**  
Dr Maria Sebastian, London
- 13:00**      **Lunch**
- 14:00**      **Masterclass: Upper limb blocks**  
Dr Sheelaj Sharma, Abu Dhabi, UAE and Dr Maria Sebastian, London
- 14:15**      **Abdominal blocks plus QL Block - Mode of spread and Indication**  
Dr Ravi Nair, London
- 14:45**      **Masterclass: Abdominal and QL blocks**  
Dr Mubeen Khan, London and Dr Ravi Nair, London
- 15:15**      **Spinal sonography – evidence and importance**  
Dr Mubeen Khan, London
- 15:45**      **Masterclass on spinal sonography**  
Dr Mubeen Khan, London and Dr Maria Sebastian, London
- 16:00**      **Strategies to prevent Chronic postoperative pain**  
Dr David Pang, London
- 16:30**      **Motor sparing blocks for knee surgeries**  
Dr Sanjeevan Shanmuganthan, London
- 16:45**      **Masterclass: Adductor canal block and IPACK block**  
Dr Sanjeevan Shanmuganthan, London and Dr Maria Sebastian,  
London
- 17:00**      **Close of meeting**



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**Thursday 19<sup>th</sup> May 2022**

**Location:** 21 Portland Place, London, W1B 1PY

**Organiser:** Dr Sheelaj Sharma, Mediclinic Hospital, Abu Dhabi, UAE and Dr Roopa Chatterjee, North Middlesex University Hospital, London

### Day 2 – 19 May 2022

**09:00**      **Registration/tea and coffee**

**09:30**      **Welcome and housekeeping**  
Dr Sheelaj Sharma, Mediclinic Hospital, Abu Dhabi, UAE

**09:45**      **Scanning station 1**

**10:30**      **Scanning station 2**

**Station 1 - (Brachial Plexus - Above clavicle)**  
Dr Sheelaj Sharma, Dr Roopa Chatterjee & Dr Jatendar Wadhvani

**11:15**      **Tea and coffee**

**Station 2 - (Brachial Plexus - Below Clavicle)**  
Dr Maria Sebastian and Dr Bhavin Shukla

**11:45**      **Scanning station 3**

**Station 3 - Chest wall Blocks and ESP**  
Dr Ravi Nair and Dr Supriya Dsouza

**12:30**      **Scanning station 4**

**Station 4 - Spinal Sonography**  
Dr Mubeen Khan and Dr. Gary Yap

**13:15**      **Lunch**

**Station 5 - Lower limb Blocks (Hip and Knee)**  
Dr Sanjeevan Shanmuganthan and Dr Parthipan Jegendriabose

**14:15**      **Scanning station 5**

**Station 6 - Abdominal Blocks**  
Dr David Pang and Dr. Kunal Joshi

**15:00**      **Scanning station 6**

**Station 7 - Sciatic and ankle blocks**  
Dr Yasser Mandour and Dr Dr Iosifina Karmanioulou

**15:45**      **Tea and coffee**

*Ms Aditi Mudgal ( observer and coordinator),  
Medical student year 2, Kings College London*

**16:00**      **Scanning station 7**

**16:45**      **Feedback & close**