AAGBI Mentoring Development Programme

This practical 4-day programme focuses on developing mentoring skills which can be used in a range of leadership & clinical situations for example with trainees, staff, colleagues and patients.

Day One: Wednesday, February 7th 2018
Venue: 21 Portland Place, London

09.30 Coffee & Registration
10.00 Welcome, Programme Objectives, Introductions
10.20 What is Mentoring?
  Overview of the Egan Skilled Helper model
11.00 Coffee
11.15 Stage 1 Telling the Story & Developing New Perspectives
11.45 Setting up Skills Practice
12.00 Skills practice 1 & 2

13.00 Lunch
13.45 Skills practice 3
14.15 Learning Review
14.30 Stage 1 New Perspectives and Searching for Value
14.45 Skills Practice 1, 2, 3
15.45 Tea
16.00 Learning Review and Learning log
16.15 Questions about Mentoring, and briefing for Day 2
16.40 Developing a Mentoring Service for AAGBI; Dr Nancy Redfern
17.30 Close

AAGBI Mentoring Lead: Nancy Redfern

Tutors: Julia Pokora & June Smailes

Facilitators: Alex Bonner, Paul Edgar
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Day Two: Thursday February 8th 2018
Venue: 21 Portland Place, London

09.00  *Coffee and Networking*
09.30  Overview of day and Stage 2
09.40  Brainstorming input and demonstration
10.00  Brainstorming practice *in pairs*
10.30  Review
10.40  *Coffee*
11.00  Stage 2 - Value to Goals
11.30  Skills Practice 1
12.00  Skills Practice 2
12.30  *Lunch*
13.15  Skills Practice 3
13.45  Stage 2 - Commitment Testing
14.00  Skills Practice
14.45  Stage 2 Learning Review, and coursework for next time
15.00  *Tea*
15.15  Mentoring in practice and planning coursework
15.45  Plenary Review
16.00  Close

*AAGBI Mentoring Lead:* Nancy Redfern

*Tutors:* Julia Pokora & June Smailes

*Facilitators:* Alex Bonner, Paul Edgar, Robert Self