Less than full time (LTFT) matters 2019
A joint meeting between the Association of Anaesthetists and Royal College of Anaesthetists (RCoA)

Thursday 17 October 2019
Location: Chandos House, 2 Queen Anne Street, London, W1G 9LQ
Organiser: Dr Roopa McCrossan, Association of Anaesthetists Trainee Committee & Dr Su Underwood, Royal College of Anaesthetists

09:30 Registration/Tea and coffee
10:00 Introduction
Dr Roopa McCrossan, Association of Anaesthetists Trainee Committee
10:10 Life as an ‘OPT’ (only part time) doctor
Dr Sally Davies, Medical Women's Federation
10:30 LTFT training - a male perspective
Dr Phil Atkinson
10:50 The LTFT champions – what makes a good champion?
Dr Rifca Le Dieu, London
11:10 Tea and coffee
11:30 Using mentoring strategies to problem solve
Dr Nancy Redfern, Newcastle Upon Tyne
11:50 Appreciative inquiry
Dr Emma Plunkett, Birmingham
12:10 Interactive group session – what are the LTFT problems in your workplace?
12:30 Lunch
13:20 Contracts, rotas and pay
Dr Ruth-Anna McQueen, LTFT Forum Chair, BMA
14:00 Negotiating and influencing
Dr Danny Bryden, Sheffield
14:20 Interactive group session – solving LTFT problems in your workplace
14:40 Tea and coffee
15:00 Returning to work after illness – not for the faint hearted
Dr Andy Lowes, Newcastle Upon Tyne
15:30 When the worst happens: how I learned to sail in a storm
Dr Natalie Mincher, Cardiff
16:00 Discussion
16:15 Depart
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Learning objectives:
1. To understand the basic elements of appreciative Inquiry and how it can be used in the workplace
2. To consider what makes a good LTFT champion and how to best use their expertise
3. To understand some of the challenges of returning to work in more challenging circumstances

GMC domains covered:
- Domain 1 – knowledge & skills – contracts rotas and pay, shared parental leave
- Domain 2 safety and quality – appreciative inquiry, LTFT champion
- Domain 3 communication partnership & teamwork - mentoring
- Domain 4 maintaining trust – returning to work

CPD matrix codes covered:
- 1F04 Equality and Diversity
- 1H01 Roles and responsibilities of clinical supervisors
- 1H02 Personal Education and Learning
- 1I02 Team leadership and resource management
- 2H02 Educational Supervisor training
- 3J02 Education and Training