

# Less than full time (LTFT) matters 2019

A joint meeting between the Association of Anaesthetists and Royal College of Anaesthetists (RCoA)

**Thursday 17 October 2019**

**Location:** Chandos House, 2 Queen Anne Street, London, W1G 9LQ

**Organiser:** Dr Roopa McCrossan, Association of Anaesthetists Trainee Committee & Dr Su Underwood, Royal College of Anaesthetists

- 09:30**            **Registration/Tea and coffee**
- 10:00**            **Introduction**  
Dr Roopa McCrossan, Association of Anaesthetists Trainee Committee
- 10:10**            **Life as an 'OPT' (only part time) doctor**  
Dr Sally Davies, Medical Women's Federation
- 10:30**            **LTFT training - a male perspective**  
Dr Phil Atkinson
- 10:50**            **The LTFT champions – what makes a good champion?**  
Dr Rifca Le Dieu, London
- 11:10**            **Tea and coffee**
- 11:30**            **Using mentoring strategies to problem solve**  
Dr Nancy Redfern, Newcastle Upon Tyne
- 11:50**            **Appreciative inquiry**  
Dr Emma Plunkett, Birmingham
- 12:10**            **Interactive group session – what are the LTFT problems in your workplace?**
- 12:30**            **Lunch**
- 13:20**            **Contracts, rotas and pay**  
Dr Ruth-Anna McQueen, LTFT Forum Chair, BMA
- 14:00**            **Negotiating and influencing**  
Dr Danny Bryden, Sheffield
- 14:20**            **Interactive group session – solving LTFT problems in your workplace**
- 14:40**            **Tea and coffee**
- 15:00**            **Returning to work after illness – not for the faint hearted**  
Dr Andy Lowes, Newcastle Upon Tyne
- 15:30**            **When the worst happens: how I learned to sail in a storm**  
Dr Natalie Mincher, Cardiff
- 16:00**            **Discussion**
- 16:15**            **Depart**

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## Learning objectives:

1. To understand the basic elements of appreciative Inquiry and how it can be used in the workplace
2. To consider what makes a good LTFT champion and how to best use their expertise
3. To understand some of the challenges of returning to work in more challenging circumstances

## GMC domains covered:

- Domain 1 – knowledge & skills – contracts rotas and pay, shared parental leave
- Domain 2 safety and quality – appreciative inquiry, LTFT champion
- Domain 3 communication partnership & teamwork - mentoring
- Domain 4 maintaining trust – returning to work

## CPD matrix codes covered:

- 1F04 Equality and Diversity
- 1H01 Roles and responsibilities of clinical supervisors
- 1H02 Personal Education and Learning
- 1I02 Team leadership and resource management
- 2H02 Educational Supervisor training
- 3J02 Education and Training