COVID-19: demonstrating positive behaviours
Our behaviours have large impacts on those around us, remember we are a work community


Consideration
Have consideration for others, be mindful of overloading colleagues with social media posts. Please maintain cleanliness and hygiene.

Caring
Keep caring about your colleagues, whether they are working or self isolating. Both situations are hard, please offer support.

Compassion
Show compassion to those who are more affected than you or who are in a more vulnerable situation.

Community
Keep up the community spirit, share positive experiences. This will help reduce the fear and anxiety of those around you.

Courtesy
Be courteous to your fellow workers. We are all in this together and likely to share the same concerns and anxieties.

Social vitamin C

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